



Clearwater Senior SCOOP

All we want for Christmas in July is a few supplies and a lot of community spirit!

Christmas in July Donation Drive

Help us keep the coffee hot, the tea cold, and the fellowship flowing!

As we celebrate Christmas in July, we're asking for a few items that are used regularly at the Clearwater Senior Center.

Donations of any size are greatly appreciated and help us stretch our budget while continuing to provide a welcoming place for our community.

Current Needs

Solo Cups Heavy-Duty Napkins Dessert Plates

Sam's Club Large Iced Tea Bags Sweet Tea Bags

Donations may be dropped off at the Senior Center during regular business hours. For a more detailed list, please see graphic inside the SCOOP.

Monthly Giving Makes a Difference

We are incredibly grateful for those who faithfully make a donation each month. These gifts help support daily operations, activities, refreshments, special events, and so much more throughout the year.

Would you consider becoming one of our monthly supporters? Even a small monthly donation can make a big impact and helps ensure the Senior Center remains a place of friendship, fellowship, and fun for everyone who walks through our doors.

Support Meals on Wheels/Friendship

There is also an opportunity to support our Friendship Meals and Meals on Wheels programs. The suggested donation for each meal is \$5, and every contribution helps us continue providing nutritious meals and valuable connections for seniors in our community.

Whether you join us for lunch at the Senior Center or help support meal delivery to a homebound neighbor, your generosity helps ensure these important programs remain available for those who need them most.

Thank you for helping make the Clearwater Senior Center feel like a home away from home!

Amber

Clearwater Senior Center

921 Janet Ave
Clearwater, KS
67026

Activities held at the Clearwater Senior Center are available to those 55 & older.

No membership fee is required to participate in most activities.

For more information on events or programs, please contact the Center coordinator at 620-584-2332.

Mission Statement

To provide services and programs for people 55 & older that promotes their well-being, supports their independence and encourages their involvement in community life.

Staff

Amber Ives



2026 SENIOR Swim Seniors 55+

* Lap Swim * Water Aerobics * Relaxing with Friends

**\$2 per swim OR
\$40 for all days!**

Passes are available in Amber's Office

Private Swim Times

June 22-25 6:15 - 7 PM

June 29-July 2 6:15 - 7 PM

July 7-10 6:15 - 7 PM

July 14-17 6:15 - 7 PM

July 21-24 6:15 - 7 PM

July 28-31 6:15 - 7 PM

August 4-7 6:15 - 7 PM

8 weeks!

Water Aerobics will be provided Monday & Tuesdays with Nick

July 2

12:00 PM Hot Dog Bar

1:00 PM 4th of July Party

Snacks, Trivia & Games



July 3

5:45 PM Wind Surge Baseball

We have a few tickets left if you are interested in joining us!



STAY ACTIVE

Mondays

10:00 AM
Tai Chi in the Park
6:00 PM
Senior Swim

Tuesdays

9:00 AM
Chair Yoga Exercise
10:00 AM
Calorie Burn
2:00 PM
Drum Ball or
Chair Dancing
6:00 PM
Senior Swim

Wednesdays

1:00 PM
Tai Chi
1:30 PM
Weight Training
6:00 PM
Senior Swim

Thursdays

6:00 PM
Senior Swim

Fridays

9:00 AM
Chair Yoga Exercise
10:00 AM
Calorie Burn
1:00 PM
Line Dancing



Who: Pam with Interm Healthcare
What: Hypertension
When: Tuesday, July 7
3:30 PM



Come and celebrate all the July Birthdays
Thursday, July 9 at 1:00 PM



Singo Bingo
Monday, 7/13
3:30 PM

LUNCH & LEARN



July 14 12:00 PM

**Fried Chicken
will be provided**

**PLEASE bring a
side dish or dessert
to share with others**

Special Speaker: Silver Haired Legislatures



**BRING THOSE IMPORTANT DOCUMENTS BY
AND SHRED THEM!**

TUESDAY, JULY 14

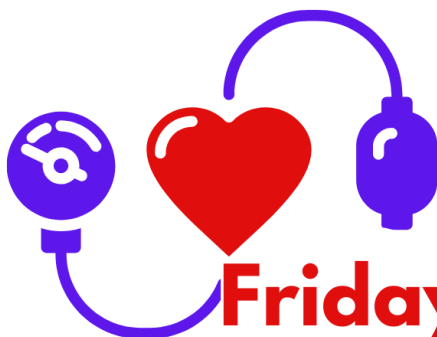
2:00 PM

THIS WILL BE FOLLOWING LUNCH AND LEARN

COMMODITY BOX PACKING 10:30 AM

PICK UP 2:00 -5:00 PM

WEDNESDAY, JULY 15



**Blood Pressure
Checks ^{with} Pam**

Friday July 17 at 8:45 AM

Golf Carting Around & Brain Freeze Treatz

Jump in and ride to Brain Freeze for a sweet treat.

Rescheduled!

Thursday, July 16 @ 2:00 PM



SNACK BINGO! MONDAY, JULY 20 AT 3:00 PM

WITH FAITH HOSPICE BRINGING THE FUN, EDUCATION & PRIZES!!



SENIOR NIGHT
AT BREW'D AWAKENING!
MONDAY, JUNE 20
6:30 PM - 8:00 PM



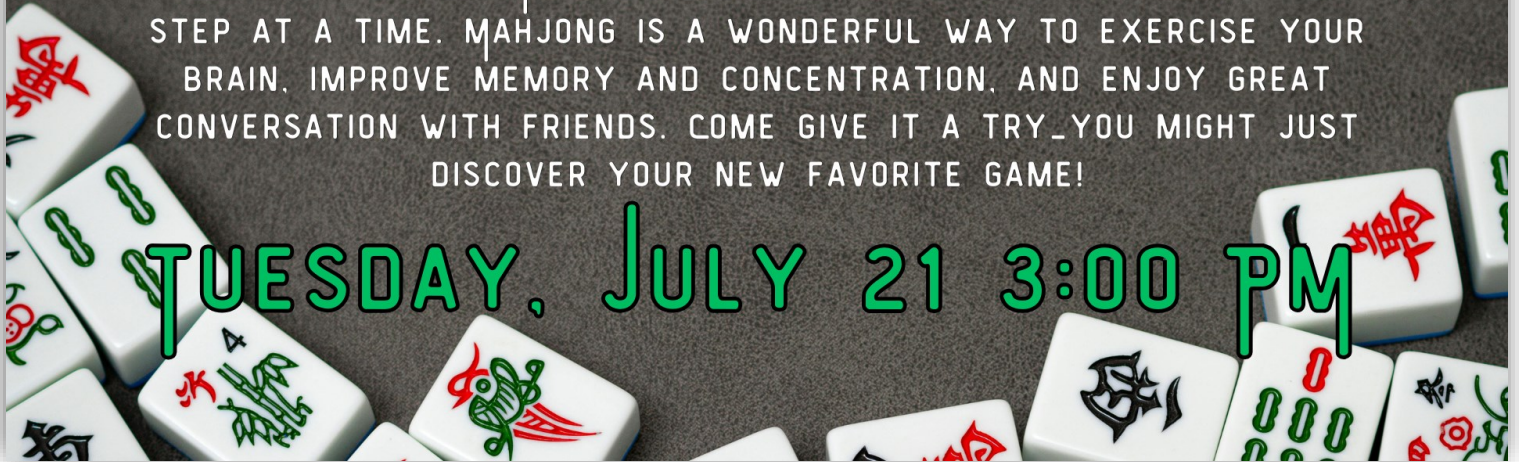
MOVIE DAY
WEDNESDAY, JULY 22
2:15 PM



COME LEARN MAHJONG!

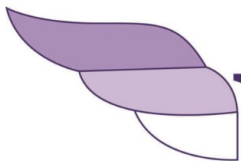
HAVE YOU BEEN CURIOUS ABOUT MAHJONG BUT DIDN'T KNOW WHERE TO START? NOW IS THE PERFECT TIME! JOIN US AS WE LEARN THIS FUN AND ENGAGING GAME TOGETHER IN A RELAXED, BEGINNER-FRIENDLY SETTING. NO EXPERIENCE IS NEEDED. WE'LL TAKE IT ONE STEP AT A TIME. MAHJONG IS A WONDERFUL WAY TO EXERCISE YOUR BRAIN, IMPROVE MEMORY AND CONCENTRATION, AND ENJOY GREAT CONVERSATION WITH FRIENDS. COME GIVE IT A TRY. YOU MIGHT JUST DISCOVER YOUR NEW FAVORITE GAME!

TUESDAY, JULY 21 3:00 PM



Farmers Mobile Market at the Center
Thursday, July 23
11:00 AM - 11:45 AM

BOOK CLUB DISCUSSION 1:00 PM
TUESDAY, JULY 28



WEDNESDAY, JULY 29

HERMES HEALTHCARE PA

3343 West Central Avenue - Wichita, Kansas 67203

Call 316-260-4110 to schedule your appointment

JULY

Clearwater Center Hours

Monday – Thursday 9:00 AM – 5:00 PM

Friday 9:00 AM – 4:00 PM

*activity will be in the back room

**sign up required



CPAA TRIO Meal Program

Monday – Friday 12:00 PM

Council Meetings are the

2nd & 4th Tuesday of each month

at 6:00 PM at City Hall

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Education Special Event</p>	<p>5</p> <p>10:00 AM Tai Chi in the Park 1:00 PM Bridge 1:00 PM Ladies Bible Study* 6:00 PM Senior Swim</p>	<p>7</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 2:00 PM Drum Ball with Nick 3:30 PM Round Table Talk with Pam - Hypertension 6:00 PM Senior Swim</p>	<p>1</p> <p>10:00 AM Trash 10:30 AM Pitch 1:00 PM Tai Chi 1:30 PM Weight Training 6:00 PM Senior Swim</p>	<p>2</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 12:00 PM Hot Dog Bar 1:00 PM 4th of July Party & Trivia – Wear your RW&B! 6:00 PM Senior Swim</p>	<p>3</p> <p> 5:45 PM Wind Surge Baseball**</p>	<p>4</p> <p></p>
<p>12</p> <p>10:00 AM Tai Chi in the Park 1:00 PM Bridge 1:00 PM Ladies Bible Study* 3:30 PM Singo Bingo 6:00 PM Senior Swim</p>	<p>13</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 12:00 PM Lunch & Learn Silver Haired Legislatures 2:00 PM Shred Up Your Documents 6:00 PM Senior Swim</p>	<p>14</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 12:00 PM Lunch & Learn Silver Haired Legislatures 2:00 PM Shred Up Your Documents 6:00 PM Senior Swim</p>	<p>15</p> <p>10:00 AM Trash 10:30 AM Pitch 10:30 AM Pack Commodity Boxes 1:00 PM Tai Chi 1:30 PM Weight Training 6:00 PM Senior Swim 2:00 – 5:00PM Commodity Pick Up</p>	<p>16</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Games & Snacks 2:00 PM Golf Carts and Brain Freeze Treatz 6:00 PM Senior Swim</p>	<p>17</p> <p>8:45 AM Blood Pressure Checks with Pam 9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens</p>	<p>18</p>
<p>19</p> <p>10:00 AM Tai Chi in the Park 1:00 PM Bridge 1:00 PM Ladies Bible Study* 3:00 PM Snack BINGO 6:00 PM Senior Swim 6:30 PM Senior Night at Brew'd Awakening**</p>	<p>20</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 2:00 PM Senior Chair Dancing 3:00 PM NEW! Mahjong 6:00 PM Senior Swim</p>	<p>21</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 2:00 PM Senior Chair Dancing 3:00 PM NEW! Mahjong 6:00 PM Senior Swim</p>	<p>22</p> <p>10:00 AM Trash 10:30 AM Pitch 1:00 PM Tai Chi 1:30 PM Weight Training 2:00 PM Afternoon Movie 6:00 PM Senior Swim</p>	<p>23</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 11:00 AM Mobile Market 1:30 PM Games & Snacks 6:00 PM Senior Swim</p>	<p>24</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queen</p>	<p>25</p>
<p>26</p> <p>10:00 AM Tai Chi in the Park 1:00 PM Bridge 1:00 PM Ladies Bible Study* 3:00 PM Fall Fest Planning 6:00 PM Senior Swim</p>	<p>27</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Book Club 2:00 PM Senior Chair Dancing 2:30 PM Drum Ball 6:00 PM Senior Swim</p>	<p>28</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Book Club 2:00 PM Senior Chair Dancing 2:30 PM Drum Ball 6:00 PM Senior Swim</p>	<p>29</p> <p>Hermes Foot Clinic 1:00 PM Tai Chi 1:30 PM Weight Training 6:00 PM Senior Swim</p>	<p>30</p> <p>9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Games & Snacks 6:00 PM Senior Swim</p>	<p>31</p> <p>9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queen</p>	<p>August 1</p> <p>Biscuits & Gravy 8-10 AM</p>

Clearwater Senior Center
921 E Janet
Clearwater, KS 67026
620.584.2332

seniorcenter@clearwaterks.org

<https://www.facebook.com/ClearwaterSeniorCenter/>



find us on
Facebook

Did you know that the program you check in with each time you attend is equipped to send out notifications via text or phone call to participants? In the event of a last-minute change or cancellation due to weather, you may receive a text or call from (855) 657-1386. Please save this number in your contacts; it is not unsolicited communication. It is Amber reaching out to you.



Senior Center Wish List

- 18 oz / 240 count Red Solo Cups \$13.88
- 18 oz / 140 count Holiday Solo Cups \$10.98
- 12 oz / 300 count Clear Cups \$11.98
- 12 oz / 176 count Coffee Cups \$18.68
- 330 count Dessert Plates \$16.98
- 320 count White Snack Plates \$12.48
- 320 count 3 ply Dinner Napkins \$11.14
- 504 count Xtra Absorbant Napkins \$11.98
- 600 count White Plastic Forks \$14.68
- 600 count White Plastic Spoons \$14.68
- 600 count White Plastic Knives \$14.68
- 43.5 oz. Folgers Coffee \$17.88
- 48 gal. Iced Tea Bags \$14.88
- 90 count / 33 gal. Hefty Trash Bags \$19.98

This is the list of goodies we use daily and would be thrilled to have donated to the Center. We'll have a festive Christmas tree ready for your drop-offs! Prefer to just donate cash instead? No worries, I've got envelopes at the ready. Thank you for sprinkling your blessings over the Center!

Biscuits & Gravy

Saturday, August 1

8:00 AM - 10:00 AM